

Oriental Medicine Clinic

Better Health for Positive Living

Endometriosis, Painful Periods & Acupuncture

Recent research from the People's Republic of China shows that Chinese herbal medicine and acupuncture can eliminate painful periods and remedy endometriosis!

Drs. Yang & Zhang, writing in Henan Traditional Chinese Medicine, report on the Chinese medical treatment of 50 women with dysmenorrhea (painful periods) due to a variety of causes, such as retroverted uterus, improper uterine development, abnormal thickening of the uterus and adnexa, ovarian cysts, and uterine myoma. These women were treated from one cycle to 1/2 year with Chinese herbal medicine and all 50 were cured. That's a 100% cure rate!

Dr. He, writing in Sichuan Traditional Chinese Medicine, describes the treatment of 40 cases of endometriosis with Chinese herbal medicine. In that study, 92.5% of the women were either cured or significantly improved. There are literally hundreds of articles like this published in China every year. In modern Western medicine, dysmenorrhea is treated with temporary pain-killers and birth control pills; endometriosis with surgery and hormone therapy. These offer symptomatic relief but are invasive, expensive, or may have serious side effects.

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Chinese medicine and acupuncture, on the other hand, are low cost, non-invasive, and have no side effects when properly applied by trained professionals. So why wait? You don't have to suffer intense pain month after month, or lose time from work with a heating pad as your best friend! There is an alternative, and Chinese medicine is it. And, since Chinese medicine and acupuncture work by restoring balance to the entire organism, not only is your major complaint brought under control, but your whole sense of health and well-being is improved. 100 generations of Chinese doctors have shown empirically that Chinese medicine works. Now this is supported by modern clinical research.

For more information on acupuncture and Chinese medicine and the treatment of endometriosis and painful periods, see *Endometriosis, Infertility, and Traditional Chinese Medicine, A Guide for Laywomen*, from Blue Poppy Press.

For acupuncture and Chinese herbal treatment, please contact one of our skilled practitioners today. And remember, Acupuncture Works!

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